



Registration Form:

Retreat Dates for 2017:

*__ 5/20 - 5/26 __ 7/8 - 7/14
__ 6/10 - 6/16 __ 7/22 - 7/28
__ 6/24 - 6/30 __ 8/19 - 8/25*

Name: _____

Address: _____

City State Zip code

Congregation: _____

Telephone: _____

Retreat Fee: \$400

Deposit: \$25 (Non-refundable)

Make checks payable to:

Emmaus House, Inc.



We are handicap-accessible.



FOR FURTHER INFORMATION:

*Our retreats are open to
all women.*



*Registration Secretary
Emmaus House
21 Main Avenue
Ocean Grove, NJ 07756
Phone: 732 - 776 - 5458
Fax: 732 - 776 - 7065
www.emmaushouse.com*



be still
AND KNOW THAT I AM GOD

Psalm 46:10

2017

“Be still and know that I am God.”



The comfort of this statement is beyond definition when you consider the pain, the hatred, the unnecessary killings of innocent people at this time because they are perceived as less than the expectations some people have of them. Senseless killings seem to fill our television sets and daily newspapers. When and how have we become so self-centered – so filled with ego that we perceive others as less than?

Come join us in stillness which is the absence of useless noise and content we keep in our hearts and minds. The thinking mind is a useful and powerful tool, but it is also very limiting.

Spiritual awakening is waking from the dream of thought. It is aliveness in us that we can feel with our entire being! It comes when you are in a place and moment in life when you are embracing the words of the One who cannot not love you.



“Be still and know that I am God.”



Our retreats open at 5:00 p.m. on Saturday and end with brunch on the following Friday morning. You are welcome to arrive anytime on Saturday.

You will have the opportunity for massage, if you wish.

Beach badges, towels, and chairs are provided for those who wish to use the beach.



“Wake up to the nearness of God.”

Meister Eckhart



Our Retreat House is located in the cozy town of Ocean Grove, New Jersey. It is one block from the ocean and, as you know, the sea offers great moments of healing and meditation.

Access to the beach is available. Chairs, umbrellas, etc. are provided.

From our porches you can get a magnificent view of the boardwalk, the wide sandy beach and the majestic Atlantic Ocean. You can also stroll through town to see the many charming Victorian homes and shops.

Indoors, we have a beautiful Jacuzzi which offers therapeutic and relaxing moments.

Rooms are private and have their own air-conditioning and heating units. Telephone and Internet Access is also provided.

Sheets, towels, and bedding needs are supplied.

Meals are delicious and nutritional and special needs regarding food will be honored.